



HOLY ANGELS CHURCH

TOGETHER IN PRAYER AND WORSHIP



Holy Angels Parish walks with you in your journey of faith. We are a community of believers, coming together to pray and give glory to God through liturgy and sacraments. Our Catholic community welcomes you. We pray that each parishioner will be blessed and strengthened by the power of Jesus Christ our Saviour and live a life of abundance in fellowship, joy and love. May God bless you always!

PASTORAL TEAM/ SQUADRA PASTORALE:

Rev. Bruno Kesangana Nandaba
Pastor

Anna Schaefer
Secretary/Catechist

Anna Capuano
Organist

Maria Park
Music Director

Danny Franchi
Hall Caretaker

MASS TIMES/ORARIO DELLE MESSE:

Saturday Vigil:
5:00 p.m. *English*

Sunday:
9:30 a.m. *Italian*
11:30 a.m. *English*

Weekday Masses:
8:00 a.m. *English*
(Mon/Wed/Thurs/Fri)
NO Mass on Tuesdays

CONFESSIONS/ CONFESSIONI:

4:00 – 4:45 p.m. Saturdays or by appointment

OFFICE HOURS/ ORARIO DI UFFICIO:

Monday
By Appointment Only

Tuesday
Closed

Wednesday to Friday
9:00 a.m. to 2:00 p.m.

Saturday/Sunday
Closed

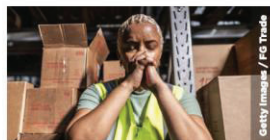
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Parish Ministries:
ministry@holyangelschurch.ca
Website:
holyangelset.archtoronto.org



July 20, 2025
Sixteenth Sunday in Ordinary Time
Gn 18:1-10a | Col 1:24-28 | Lk 10:38-42

Written by
THE
FAITHFUL
DISCIPLE

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

Are you a Martha or a Mary? How many times have we been presented with that question when we hear today's Gospel reading? At first ask, similar to many people, I would answer that I'm easily a Martha. I'm a perfectionist in many areas of my life, especially when it comes to my work or when I host dinner for friends and family. In those moments, I put a lot of pressure on myself to be the best I can be, to do the job well, and demonstrate the utmost hospitality. But as with Martha, too much focus on being "perfect" can cause worry and anxiety. But this year, hearing the story again, I realized something: There are times when I'm able to put those worries and anxieties aside and sit at the feet of Jesus just like Mary did, and I want to make that happen more often.

PRAY

Read through the Gospel again. Don't assume you have to stay stuck in the rhythm of being "Martha" when you know you long for a closer relationship with Jesus. Life is full of busyness and seemingly endless tasks, but being perfect will not bring calm. But inviting Jesus into those busy moments will. And when you do, Jesus will calm any anxieties you may have because you have "chosen the better part and it will not be taken from [you]."

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

Although it has been several weeks since we celebrated the Sacred Triduum and we are back in Ordinary Time, the realization that I can be more like Mary than Martha has stayed with me. During the Triduum, we are asked by the Church to maintain a time of prayer, reverence, and, particularly on Holy Saturday, silence, as we reflect on Christ's death. This has always been the one time a year when I am able to find my "inner Mary" and sit at the feet of Christ. I thought the only way to do that was to completely shut myself off from everything, but that is not how God wants to be present in our lives. He wants to be with us always and seeks us where we are. With that realization, I learned that I can sit at his feet during my times of work or bustling as well. It can be as simple as listening to prayers on an app or praise and worship music while cooking dinner, or saying a prayer before I sit down to complete the next task at work and asking Jesus to be with me. This is a start to being more like Mary even during my busy periods. And by finding my inner "Mary," I find Jesus. So can you.

XVI Domenica del Tempo Ordinario



La liturgia di questa domenica si sofferma sul tema dell'ospitalità. Sull'esempio di Abramo, di Maria e della sorella Marta, siamo invitati ad accogliere Dio nella nostra vita. Solo

lui e' il vero nostro ospite.



Thank you for supporting your church. Collection for July 13th was \$2,929.80.

Grazie della generosità per la vostra Chiesa. L'offertorio della domenica 13 luglio era \$2,929.80.

Holy Angels Building Repairs Fund: Second collection for July 13th was \$245.00.

La Seconda Raccolta per la Chiesa: Seconda raccolta della settimana 13 luglio era \$245.00.



Sanctuary Lamp Prayer for the week of July 20th is offered in memory of Stefano and Carmela Policelli requested by their children and family.

La lampada del SS. Sacramento della settimana di 20 luglio viene offerta in memoria di Stefano e Carmela Policelli richiesto da suoi figlie e famiglie.



Dr. Simone: We will be collecting pasta for the month of July.

Questo mese accogliamo la pasta per la missione del Dr. Simone.



Thus far we have raised **\$34,230.00** at the Church and **\$16,229.60** directly to the ShareLife office toward our goal of **\$48,000.00**. We have surpassed our goal! If you haven't already done so, please give at the parish using a ShareLife envelope, online through our parish website, or at sharelife.org/donate.

Feast of Our Lady of Mount Carmel Committee: Il Comitato del Monte Carmelo desidera porgere un sentito ringraziamento alla nostra comunità per il loro continuo sostegno e generoso contributo per dare continuità a questo evento religioso culturale. Inoltre, un applauso alle damigelle Carmelitane che hanno fatto "CORONA" alla nostra Madre del Carmelo – un'antica tradizione che continua ancora oggi come supplica di protezione per giovani e bambini. Grazie a tutte le nostre giovani donne: **Julia Babjak, Emma Babjak, Stefania Dedda, Giovanna Iervolino, Stephanie Mariani, Lily Padovan, Romina Parmentola, Annalia Parmentola, Arianna Vono e Stella Zaccaria.**

The Mount Carmel Committee would like to extend a heartfelt thank you to our community for their ongoing support of our feast of Our Lady of Mount Carmel. Thank you for your support and generous donations. The Mount Carmel Committee would also like to thank our young ladies who walked alongside the Madonna this year as bridesmaids. This long-standing tradition began over 60 years ago, and we are so happy to continue this beautiful tradition. Thank you to all our young ladies: **Julia Babjak, Emma Babjak, Stefania Dedda, Giovanna Iervolino, Stephanie Mariani, Lily Padovan, Romina Parmentola, Annalia Parmentola, Arianna Vono & Stella Zaccaria.**

World Day for Grandparents and the Elderly:
World Day for Grandparents and the Elderly (WDGE) 2025 will be celebrated on **Sunday, July 27, 2025**, close to the Feast of Saints Anne and Joachim, grandparents of Jesus (July 26). The theme is **"Blessed are those who have not lost hope."** (cf. Sirach 14:2). Let us take this opportunity to uplift grandparents and the elderly, cherishing them as blessings in our faith community! For creative tips and resources to help highlight the Day, visit www.cccb.ca.



Please note the Archdiocese of Toronto Jubilee Pilgrimage to Martyrs' Shrine that was posted in the bulletin last week did not have a date. It will take place on August 24th, 2025.

Mass Intentions July 21st to July 27th

Monday, July 21st

St. Lawrence of Brindisi

8:00 am

† Andrew Calder by Family and Friends

Tuesday, July 22nd

St. Mary Magdalene

8:00 am

No Mass

Wednesday, July 23rd

St. Bridget

8:00 am

† Antonio Salcalino by Famiglia Niro

Senhor Santo Cristo (Thanksgiving) by Valdalino & Filomena Medeiros

7:00 pm - Memorial Mass

Assunta Forgione (30 days of passing) by Family

Thursday, July 24th

St. Sharbel Makhlūf

8:00 am

† Konstantinos Papadopoulos by Diana Lumba

Friday, July 25th

St. James

8:00 am

For All Our Parishioners (Pro Populo)

7:00 pm - Memorial Mass

Costantino Vecchiarino (30 days of passing) by Wife and family

Saturday, July 26th

Ss. Joachim & Anne

5:00 pm

† Arturo Sanchez by Marisa Lepore

Sunday, July 27th

17th Sunday in Ordinary Time

9:30 am

Antiopi (Popi) Moros by Anna

11:30 am

† Dante Cantone (40 years of passing) by Son Amedeo and grandchildren, Samantha & Dante

Father Bruno,

*Congratulations on your installation!
May God bless you abundantly as you
begin your new ministry at Holy Angels.*

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